

# BARRE *Club*

# TEACHER TRAINING PROGRAM

Certified by



**INTEGRITY.  
EXCELLENCE.  
LEADERSHIP.**

# BARRE CLUB TEACHER TRAINING PROGRAM: ELEVATE YOUR BARRE CAREER

## INTRODUCTION

Welcome to the **Barre Club Teacher Training Program**— a premier opportunity to become an **internationally certified barre instructor** through the esteemed International Ballet Barre Fitness Association (IBBFA). **As Austria's first globally recognized Barre Teacher Training Program**, we offer a comprehensive education designed to empower you with the skills to lead effective and engaging barre classes.

**IBBFA Certification** is renowned worldwide for its thorough approach, offering online and in-person training that has successfully prepared thousands of barre instructors globally. With our program, you'll gain the knowledge and certification to teach barre classes that your clients will love and benefit from.



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[www.barrecertification.com](http://www.barrecertification.com)



# BARRE Club

## Teacher Training Program Overview

### BARRE LEVEL 1: FOUNDATIONS OF BARRE INSTRUCTION

- Barre Essentials
- Barre Level 1 Program
- Basic Anatomy
- Communication Skills
- 20 Teaching Hours at Barre Club
- Written and Practical Exams under IBBFA supervision

### BARRE LEVEL 2: ADVANCED BARRE INSTRUCTION

- Barre Level 2 Program
- Pre/Post Natal Program
- Training for Special Populations

Prerequisite: Completion of Barre Level 1 or a comparable program.

## CERTIFICATION AND RECOGNITION

Upon successful completion, you will be certified by IBBFA and listed in the IBBFA Database, allowing you to teach globally and access exciting career opportunities.



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# WHY CHOOSE OUR PROGRAM?

Embark on a transformative journey with our Barre Trainer Program and position yourself as a sought-after expert in the barre community. Secure your spot today and take the first step towards an extraordinary career in barre instruction!

## **Expert Instructors:**

Learn from top industry professionals with extensive experience in barre training.

## **Comprehensive Curriculum:**

Master all aspects of barre instruction, from foundational techniques to advanced programming.

## **Hands-On Experience:**

Participate in interactive sessions and practical applications to solidify your skills.

## **Global Certification:**

Receive IBBFA certification, opening doors to worldwide teaching opportunities.





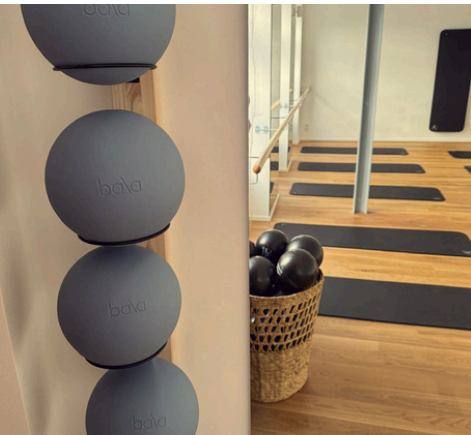
# PRICING STRATEGY

## Level 1:

Original Price: €2.500

**Special Offer**

(Until 31.10.24): **€1.590**



## Level 2:

Original Price: €1.390

**Special Offer**

(Until 31.10.24): **€990**

## Combined Offer:

**Special Offer** (Both Levels):

**€2.200**

Save €380 when you commit to both levels!



## Additional Pricing Ideas:

Payment Plans: Make the program more accessible.

Group Discounts: For studios certifying multiple instructors.



# PROGRAM DATES

## **Level 1:**

- November 9/10, 2024
- November 16/17, 2024
- November 23/24, 2024

## **Level 2:**

- January 18/19, 2025
- January 25/26, 2025

**Program Language: German and English**



## **Location:**

@Barre Club,  
Schönbrunnerstraße 83,  
1050 Vienna

# Meet Your Coaches



**Nicky Gerzabek:**  
**IBBFA Barre Master  
Instructor**

**Background:**

Actress and fitness professional with over 10 years of experience.

**Specialty:**

Advanced barre techniques and holistic fitness approaches.

**Passion:**

Creating a welcoming and inspiring space for fitness.



**Erwin Rucker: Basic  
Anatomy Expert**

**Background:**

Physiotherapist with extensive training in manual therapy, osteopathy, and sports physiotherapy.

**Specialty:**

Integrating psycho-emotional factors with movement and nutrition.

**Experience:**

Managing successful practices and inspiring clients.



**Peter Windhofer:**  
**Communication and  
Stage Secrets  
Specialist**

**Background:**

Actor and director with expertise in authentic communication.

**Specialty:**

Mastering voice projection, stage presence, and impactful communication.

**Approach:** Helping you

connect deeply with your audience and express your true self.



**BARRE CLUB TEACHER TRAINING PROGRAM**

## Transform Your Passion into Expertise

Join our Barre Teacher Training Program and discover the full spectrum of barre instruction. Gain the skills, confidence, and certification to become a leader in the barre community. Don't miss this opportunity to enhance your career and inspire your clients.

**Secure your spot today and start your journey towards becoming a top-tier barre instructor!**

**MORE INFO AND REGISTRATION:**

**[info@nickygerzabek.at](mailto:info@nickygerzabek.at)**

**[www.barreclub.at](http://www.barreclub.at)**